

DATE: August 24th - 30th



Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

Spring: Week 4

	Sunday 8/24	Monday 8/25	Tuesday 8/26	Wednesday 8/27	Thursday 8/28	Friday 8/29	Saturday 8/30
Breakfast	<p>Fresh Baked Banana Bread <i>Go Bananas for our Bread!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese</p>	<p>*EGGS TO ORDER!* <i>Scrambled, Poached, Over Easy, Over Medium, Over Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese</p>	<p>Potatoes O'Brien <i>A Breakfast Classic with Diced Potatoes, Onions, & Peppers</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese</p>	<p>Country Biscuits and Gravy <i>Cap'n Ron's Specialty!</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese</p>	<p>Chocolate Chip Pancakes <i>with REAL Maple Syrup!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese</p>	<p>Chef's Omelette Bake <i>Bacon, Tomatoes, Cheddar Cheese</i> Scrambled Eggs Crispy Bacon Cheesy Potatoes OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Yogurt/Applesauce Cottage Cheese</p>	<p>Vanilla Rum French Toast <i>The Captain's Delight!</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese</p>
Lunch	<p>Sunday Pot Roast <i>Yankee Pot Roast Served Fork Tender and with all Your Favorite Fixins!</i> Served with: Carrots and Celery, Mashed Potatoes and Gravy <i>Dessert:</i> Strawberry Shortcake</p>	<p>ALL AMERICAN HAMBURGER! <i>All Beef Patty Grilled & Topped with American Cheese and Shredded Lettuce, Tomato, and Served on a Warm Bun</i> Served with: French Fries & Sliced Peaches <i>Dessert:</i> Dished Ice Cream</p>	<p>Pork Dijon <i>Seasoned, Breaded Pork Cutlet Topped with a Savory Dijon Mustard Sauce</i> Served with: Fried Potatoes & Harvard Beets <i>Dessert:</i> Tapioca Pudding</p>	<p>Stuffed Chicken <i>Breaded Chicken Breast Stuffed with Ham and Cheese, Baked Golden Brown and Topped with Hollandaise Sauce</i> Served with: Baked Sweet Potatoes and California Vegetable Blend <i>Dessert:</i> Chef's Choice Dessert</p>	<p>BBQ Meatballs <i>Hand Rolled, All Beef Meatballs Served with a Smokey, Sweet BBQ Sauce</i> Served with: Scalloped Potatoes and Chef's Vegetable Blend <i>Dessert:</i> Peach Crisp with Whipped Cream</p>	<p>Baked Cod <i>Wild Caught North Atlantic Cod Baked with Lemon Pepper</i> Served with: Rice Pilaf, Glazed Carrots, Tartar Sauce, and Dinner Roll <i>Dessert:</i> Coconut Cream Pie</p>	<p>Crispy Chicken Wings <i>Applewood Smoked Drumsticks and Wings served with Ranch or Bleu Cheese Dressing</i> Served with: Celery and Carrots Pesto Pasta Salad <i>Dessert:</i> Dished Ice Cream</p>
<p>WEEKLY LUNCH SPECIAL #2: Fried Bologna Sandwich- Pan Fried, Thick Cut Bologna Served on Texas Toast with Mayo and American Cheese. Served with Chips and a Pickle Spear WEEKLY LUNCH SPECIAL #3: Vineyard Spinach Salad- Fresh Spinach, Hard Boiled Eggs, Red Onion, Cherry Tomatoes, Bacon, Bleu Cheese. Served with Red Wine Vinaigrette</p>							
Dinner	<p>Chicken Alfredo <i>Grilled Chicken with Penne Noodles Tossed in a Creamy Parmesan Cheese Sauce</i> Served with: Green Pea Salad <i>Dessert:</i> Fresh Baked Cookies</p>	<p>Traditional American Breakfast! <i>Featuring Scrambled Eggs, Bacon, and Toast</i> Served with: Fresh Baked Cinnamon Roll <i>Dessert:</i> Fruit Cocktail</p>	<p>Summer Strawberry Salad <i>Chopped Romaine Lettuce, Tender, Diced Chicken Breast, oat Cheese, Plump Strawberries, and Almond Slivers</i> Served with: Dinner Rolls & Balsamic Vinaigrette <i>Dessert:</i> Jello Salad</p>	<p>Cheeseburger Flatbread <i>Seasoned Ground Beef, Cheddar Cheese, and Special Sauce Baked on a Crispy Flatbread</i> Served with: Homestyle Potato Salad <i>Dessert:</i> Mama's Fresh Baked Cupcakes</p>	<p>Tuna Salad Plate <i>Creamy Tuna Salad Served on a Bed of Greens</i> Served With: Crackers, Sliced Tomatoes, Grapes, Hard Boiled Egg <i>Dessert:</i> Fresh Baked Cookies</p>	<p>Fried Chicken Sandwich <i>Breaded Chicken Cutlet topped with American Cheese, Lettuce, Tomato and Served on a Warm Bun</i> Served with: Tater Tots <i>Dessert:</i> Blondie Bars</p>	<p>Baked Ziti <i>Ziti Noodles, Ground Beef, Marinara, and Italian Cheese Baked to Perfection</i> Served with: Three Bean Salad <i>Dessert:</i> Fruit Macedonia</p>
<p>WEEKLY DINNER SPECIAL: Fried Bologna Sandwich- Pan Fried, Thick Cut Bologna Served on Texas Toast with Mayo and American Cheese. Served with Chips and a Pickle Spear</p>							
<p>SOUP OF THE WEEK: Homestyle Chicken and Rice</p>							

Alternative options are made available for those with special dietary requirements in regards to allergies and other dietary restrictions