

DATE: March 15th - March 21st



Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

Winter: Week 3

	Sunday 15	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
Breakfast	Fresh Baked Banana Bread <i>Go Bananas for our Bread!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	*EGGS TO ORDER!* <i>Scrambled, Poached, Over Easy, Over Medium, Over Hard</i> Hash Browns, Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Quiche Lorraine <i>Egg Custard, Bacon, and Swiss Cheese Baked in a Flakey Crust</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Country Biscuits and Gravy <i>Cap'n Ron's Specialty!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Buttermilk Pancakes <i>Served with Whipped Butter and REAL Maple Syrup!</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Baked Omelette Frittata <i>Enjoy a Golden Fluffy Slice!</i> Scrambled Eggs Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Cheesy Hash Browns Yogurt/Applesauce Cottage Cheese	Traditional French Toast <i>Cozy and Decadent!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
Lunch	Beef Stroganoff <i>Tender, Seasoned Beef Tips Smothered in Creamy Beef Sauce with Egg Noodles</i> Served with: Steamed Broccoli <i>Dessert:</i> Pear Crisp with Whipped Cream	ALL AMERICAN HAMBURGER! <i>All Beef Patty Grilled & Topped with American Cheese and Shredded Lettuce, Tomato, and Served on a Warm Bun</i> Served with: Onion Rings & Sliced Peaches <i>Dessert:</i> Dished Ice Cream	Chicken Marsala <i>An Italian-American Classic! Tender Breaded Chicken Breast Topped with a Rich Marsala Wine Sauce with Mushrooms</i> Served with: Cheesy Potatoes au Gratin & Harvest Vegetable Blend <i>Dessert:</i> Banana Cream Pie	Shrimp Etouffee <i>A Cajun Favorite! Plump Gulf Shrimp Smothered in a Delicious Gravy with Bell Peppers, Onion, and Celery</i> Served with: White Rice and Garlic Bread <i>Dessert:</i> Chef's Choice Dessert	Cap'n Ron's Famous Ribs <i>A Vineyard Favorite! Seasoned Baby Back Ribs Roasted to Perfection! Slathered in a Smokey BBQ Sauce</i> Served with: Baked Sweet Potatoes & Buttered Corn <i>Dessert:</i> Jello Poke Cake	Mini Meatloaf with Gravy <i>Traditional Meatloaf served in Individual Loaves! Topped with Ketchup and Gravy</i> Served with: Roasted Red Potatoes & Green Beans <i>Dessert:</i> Dished Ice Cream	**PIZZA PARTY!** <i>Classic Pepperoni (Loaded with Cheese & Pepperoni)</i> OR <i>Supreme Pizza (Pepperoni, Bell Pepper, Onion, Olive, Sausage, and Cheese)</i> Served with: Italian Cabbage Salad <i>Dessert:</i> Pudding Parfaits
WEEKLY SPECIAL #2: Chicken Nugget Basket- All White Meat Nuggets Served with Chips, Baby Carrots, and Ranch or BBQ.							
WEEKLY SPECIAL #3: Italian Chopped Salad- Romaine Lettuce, Red Onions, Croutons, Cherry Tomatoes, and Parmesan Cheese. Served with Dressing of Choice							
Dinner	BBQ Pull Pork Sandwich <i>Tender, Slow Roasted Pork Drenched in Smokey BBQ Sauce and Served on a warm bun with Crispy Onions</i> Served with: Traditional Coleslaw <i>Dessert:</i> Jello Salad	Chicken Cacciatore <i>An Italian American Classic! Tender Chicken in Tomato Sauce with Mushrooms, Onions, Bell Peppers with Bow Tie Pasta</i> Served with: Dinner Rolls <i>Dessert:</i> Fresh Baked Cookies	Breakfast for Dinner! <i>Traditional American Breakfast Featuring Scrambled Eggs, Bacon, and Toast</i> Served with: Fresh Fruit <i>Dessert:</i> Fresh Baked Cinnamon Rolls	Cranberry Turkey Croissant <i>Sliced Turkey Breast and Bacon Served on a Buttery Croissant with a Whipped Cranberry Cream Cheese Spread</i> Served with: Side Garden Salad and Dressing of Choice <i>Dessert:</i> Fresh Baked Cookies	Open Faced Ham Sandwich <i>A French Classic! Sliced Ham and Melted Swiss Cheese on a Slice of Texas Toast</i> Served with: Potato Chips and Dill Pickle <i>Dessert:</i> Mama's Cupcakes	Michigan Mitten Chili <i>A Vineyard Favorite! Lean, Ground Beef Seasoned With a Secret Blend of Herbs and Spices!</i> Served with: Cornbread & Shredded Cheddar Cheese <i>Dessert:</i> Fresh Baked Cookies	Chicken Pot Pie <i>Tender Chicken, Carrots and Celery Baked with a Savory Sauce in Flakey Pastry Crust</i> Served with: Three Bean Salad <i>Dessert:</i> Ice Cream Treats
FRIDAY FISH SPECIAL: Pan Fried Catfish Served with Lemon Slice and Tartar Sauce. Accompanied BY Sides of the Day							
SOUP OF THE WEEK: Garden Vegetable OR Cream of Mushroom							

Alternative options are made available for those with special dietary requirements in regards to allergies and other dietary restrictions