

Date: August 16th - 22nd

Summer Week 5

Salad Dressings Options: Ranch, Bleu Cheese, Greek, Raspberry, Balsamic, Red Wine, Italian, 1000



Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

	Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
Breakfast	Mama's Cinnamon Rolls <i>Baked Fresh and Topped with a Sugary Glaze</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	*EGGS TO ORDER!*\br/> <i>Scrambled, Poached Over Easy, Medium, or Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Breakfast Quesadillas <i>Loaded with Egg, Cheese, Sausage, and Salsa</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Country Biscuits and Gravy <i>Captain Ron's Specialty!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Buttermilk Pancakes <i>Served with Whipped Butter and REAL Maple Syrup</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Baked Omelette Frittata <i>Savory Baked Omelette Casserole</i> Scrambled Eggs Crispy Bacon Cheesy Hash Browns OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Yogurt/Applesauce Cottage Cheese	Traditional French Toast <i>Served with Whipped Butter and REAL Maple Syrup</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
	Lunch	Traditional Turkey Dinner <i>Oven Roasted Turkey Dinner with all the Trimmings!</i> Served with: Green Beans, Mashed Potatoes with Gravy, Stuffing, and Cranberry Sauce <i>Dessert:</i> Pumpkin Pie with Whipped Cream	Mushroom and Swiss Burger <i>All Beef Patty Topped with Sauteed Mushrooms and Melted Swiss Cheese</i> Served with: French Fries & Sliced Peaches <i>Dessert:</i> Dished Ice Cream	Lemon Pepper Tilapia <i>Flaky, Oven Baked Tilapia Seasoned with Lemon Pepper</i> Served with: Rice Pilaf, Harvard Beets, Tartar Sauce & Lemon Wedge <i>Dessert:</i> Apple Crisp with Whipped Cream	Chef Cary's Italian Meatloaf <i>Lean Ground Beef Crafted with Italian Herbs and Spices and Topped with Zesty Marinara Sauce!</i> Served with: Mashed Potatoes with Gravy & Steamed Asparagus <i>Dessert:</i> Chef's Choice	Pork Scallopini <i>Breaded Pork Cutlet Baked to Perfection and Topped with a Creamy Lemon Caper Sauce</i> Served with: Roasted Red Potatoes & Sweet Corn <i>Dessert:</i> Yogurt Parfaits	Baked Chicken with Sherry Sauce <i>All White Meat Chicken Cutlet Baked and Topped with a Savory Sherry Cream Sauce</i> Served with: Baked Sweet Potatoes & Brussel Sprouts <i>Dessert:</i> Dished Ice Cream
WEEKLY SPECIAL #2: Vineyard Deluxe Peanut Butter and Jelly Sandwich- Creamy Peanut Butter and Homemade Strawberry Jam on Wheat Bread. Served with Potato Chips, Celery Sticks and Ranch Dressing							
Dinner	Tuna Salad Plate <i>Zesty Tuna Salad Served On a Bed of Greens</i> Served with: Crackers, Sliced Tomato, Hard Boiled Egg, and Table Grapes <i>Dessert:</i> Fresh Baked Cookies	Pasta Pomodoro with Shrimp <i>Plump Gulf Shrimp Tossed with Linguine Pasta, Roma Tomatoes, & Parmesan Cheese</i> Served With: Garlic Bread <i>Dessert:</i> Jello with Whipped Cream	Texas Corners Turkey Melt <i>Sliced Turkey Breast and Crispy Bacon Topped with Melted Swiss Cheese and Pesto Mayo Served Open Faced on a Philly Roll</i> Served with: Potato Salad & Diced Pears <i>Dessert:</i> Fresh Baked Cookies	Beef Pot Pie <i>Tender Beef, Carrots, Celery, and Potatoes Served in a Rich Gravy and Topped with Pie Crust</i> Served with: Buttered Green Peas <i>Dessert:</i> Chocolate Coffee Cookie Bar	Chicken Salad on Rye <i>Creamy Chicken Salad Piled High on Marbled Rye With Crisp Lettuce</i> Served with: Tater Tots & Traditional Coleslaw <i>Dessert:</i> Fresh Baked Cookies	Cold Cut Sandwich Plate <i>Like a Picnic Indoors! Minus the Ants!</i> <i>Sliced Honey Ham and American Cheese served on Wheat</i> Served with: Potato Chips & Pickle Spear <i>Dessert:</i> Fresh Sliced Watermelon	Chicken Fettuccine Alfredo <i>Fettuccine Noodles and Tender All White Meat Chicken Tossed in a Creamy Parmesan Cheese Sauce</i> Served with: Broccoli Salad <i>Dessert:</i> Fruit Slushie
	FUN FOOD FACT: Vanilla is the only edible fruit that comes from the orchid family!						
SOUPS OF THE WEEK: Summer Squash Soup OR Creamy Mushroom							

Alternative options are made available for those with special dietary requirments in regards to allergies and other dietary restrictions