

DATE: October 18th - October 24th



Autumn: Week 4

Salad Dressings Options: Ranch, Bleu Cheese, Greek, Raspberry, Balsamic, French, Italian, 1000

Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

	Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
Breakfast	Fresh Baked Danish <i>Delicate European Pastry Filled with Delicious Fruit!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	*EGGS TO ORDER!* <i>Scrambled, Poached, Over Easy, Over Medium, Over Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Corned Beef Hash <i>A Breakfast Classic with Chopped Brined Brisket and Potatoes</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Country Biscuits and Gravy <i>Cap'n Ron's Specialty!</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Buttermilk Pancakes <i>Served with Whipped Butter and REAL Maple Syrup!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Baked Omelette Frittata <i>Fresh Baked with Love!</i> Scrambled Eggs Crispy Bacon Cheesy Potatoes OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Yogurt/Applesauce Cottage Cheese	Traditional French Toast <i>Served With Whipped Butter and REAL Maple Syrup</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
	Lunch	Traditional Pot Roast <i>A Sunday Favorite!</i> <i>Yankee Pot Roast Served with All the Trimmings!</i> Served with: Mashed Potatoes with Gravy, Carrots & Celery <i>Dessert:</i> Peach Crisp with Whipped Cream	Mama's Bacon Cheese Burger! <i>Mama's Burger Special!</i> <i>All Beef Patty Piled High with Bacon and American Cheese!</i> Served with: French Fries & Fruit Cocktail <i>Dessert:</i> Dished Ice Cream	Baked Chicken Breast <i>Juicy Chicken Breasts Baked and Topped with a Lemon Honey Glaze</i> Served with: Baked Sweet Potatoes & Brussel Sprouts <i>Dessert:</i> Autumn Apple Cinnamon Cake	Shrimp Cocktail Plate <i>Seasoned, Boiled Shrimp served with Cocktail Sauce and Lemon Slice</i> Served with: Potatoes Au Gratin and Scandinavian Vegetable Blend <i>Dessert:</i> Chef's Choice Dessert	Homestyle Salisbury Steak <i>Savory Minced Steak Patties Served in a Rich Mushroom & Onion Gravy</i> Served with: Garlic Redskin Mashed & Corn Niblets <i>Dessert:</i> Coconut Cream Pie	Pork Dijon <i>Seasoned, Breaded Pork Cutlet Topped with a Savory Dijon Mustard Sauce</i> Served with: Baked Potatoes & Buttered Peas <i>Dessert:</i> Pudding Parfaits
	WEEKLY SPECIAL #2: Homestyle Egg Salad Sandwich- Creamy Egg Salad on Sourdough. Served with Chips and Grape Salad WEEKLY SPECIAL #3: Greek Salad- Crisp Romaine, Feta Cheese, Black Olives, and Cherry Tomatoes. Served with Dressing of Choice						
Dinner	All American Hotdog! <i>All Beef Frank Steamed and Served on a Warm Bun. Condiments Available on Request</i> Served With: Potato Chips & Diced Pears <i>Dessert:</i> Fresh Baked Cookies	Tater Tot Casserole <i>A Cozy Classic Featuring Seasoned Ground Beef & Tender Mixed Veggies Baked in a Rich Cheese Sauce & Topped with Golden Brown Tater Tots</i> Served with: Cucumber and Tomato Salad <i>Dessert:</i> Jello Cups	Beef and Broccoli <i>Chinese Style Beef and Broccoli served with a Savory Sauce</i> Served with: Steamed Rice & Fortune Cookie <i>Dessert:</i> Fresh Baked Cookies	Hearty Beef Stew <i>Tender Beef, Carrots, Potatoes and Celery Served in a Rich and Savory Beef Broth</i> Served with: Fresh Baked Garlic Bread <i>Dessert:</i> Ice Cream Cup	Grilled Cheese Sandwich <i>Texas Toast and American Cheese Toasted Golden Brown!</i> Served with: Campbell's Tomato Soup <i>Dessert:</i> Fresh Baked Cookies	Deviled Ham on Rye <i>A Vineyard Classic! Zesty Ham Salad Piled High on High Crown Rye Bread!</i> Served with: Potato Chips & Coleslaw <i>Dessert:</i> Cranberry Bars	Spaghetti with Meat Sauce <i>Tender Spaghetti Noodles Tossed in a Rich and Hearty Tomato Beef Sauce</i> Served with: Garlic Bread <i>Dessert:</i> Fruit Fluff
	FUN FOOD FACT! Fortune cookies were invented in California, not China!						
SOUPS OF THE WEEK: Creamy Chicken Chowder OR Campbell's Tomato Soup							

Alternative options are made available for those with special dietary requirments in regards to allergies and other dietary restrictions