

DATE: September 22nd-28th



Fall: Week 1

Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

	Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
Breakfast	Fresh Baked Cinnamon Rolls Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	<b>*EGGS TO ORDER!*</b> <i>Scrambled, Poached, Over Easy, Over Medium, Over Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Vineyard Breakfast Sandwich <i>Scrambled Eggs, Sausage Patty, and American Cheese on an English Muffin</i> Scrambled Eggs, Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce/Cottage Cheese	Country Biscuits and Gravy <i>Captain Ron's Specialty!</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Fluffy Buttermilk Pancakes with Maple Syrup Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Denver Omelette <i>Bell Peppers, Onions, Ham, and Cheese</i> Scrambled Eggs, Cheezy Potatoes, Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Regular or Raisin Yogurt/Applesauce/Cottage Cheese	Belgian Waffle with Maple Syrup Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
Lunch	Homestyle Pot Roast <i>Slow Roasted with all the Trimmings</i> Served with: Creamy Mashed Potatoes with Gravy & Steamed Broccoli  <i>Dessert:</i> Chocolate Creme Pies	Chicken Picatta <i>Flour Dusted Chicken Breast With a White Wine Caper Sauce</i> Served with: Rice Pilaf Capri Vegetable Blend  <i>Dessert:</i> Fall Pumpkin Cake	Western Chopped Steak <i>Tender, Seasoned, Minced Beef Grilled and Smothered with Carmelized Onions and Gravy</i> Served with: Oven Roasted Red Potatoes Chef's Vegatable Blend & Dinner Rolls <i>Dessert:</i> Scooped Ice Cream	Oven Roasted Pork Dijon <i>Cooked to Perfection and served with a Rich and Tangy Dijon Cream Sauce</i> Served with: Creamy Mashed Potatoes & Corn Nibbles  <i>Dessert:</i> Chef's Choice Dessert	All American Cheese Burger! <i>All Beef Patty Served with American Cheese, Lettuce, and Tomatoes</i> Served with: Baked Tater Tots  <i>Dessert:</i> Fruity Jello Salad	Baked Atlantic Cod <i>Breaded Cod Filets topped with a Creamy Lemon Dill Sauce</i> Served with: Potatoes au Gratin & California Vegetable Blend  <i>Dessert:</i> Peach Cobbler	<b>*PIZZA PARTY!!*</b> Your Choice of Pepperoni OR Cheese Pizza <i>Fresh Baked with Zesty Tomato Sauce and Melted Mozzarella</i> Served with: Three Bean Salad  <i>Dessert:</i> Ice Cream Treats
<p>WEEKLY LUNCH SPECIAL #2: Sloppy Joe Sandwich served with Chips and a Pickle Spear                      WEEKLY LUNCH SPECIAL #3: Italian Chopped Salad (Romaine Lettuce, Red Onions, Tomatoes, Olives, Feta Cheese, and Croutons. Served with Italian Dressing)</p>							
Dinner	Chicken Caesar Salad <i>Romaine Lettuce with Tender Chicken, Crunchy Croutons, Caesar Dressing &amp; Parmesan Cheese</i> Served with: Dinner Rolls  Fresh Baked Brownies <i>Lunch Special #2 is Available</i>	1/2 Tuna Salad Sandwich <i>Chopped Chicken Salad with Mayo, Onions, and Celery on Wheat</i> Served with: Side Garden Salad  <i>Dessert:</i> Fresh Baked Cookies	Hot Ham and Cheese <i>Sliced Ham and American Cheese served Hot on Wheat Bread</i> Served with: French Fries  <i>Dessert:</i> Pudding Parfait Cup	Swedish Meatballs <i>Seasoned hand rolled meat balls Smothered in a Savory Cream Gravy</i> Served with: Baked Potatoes & Crinkle Carrots  <i>Dessert:</i> Fresh Baked Cookies	Deluxe Turkey Sandwich <i>Sliced Turkey Breast served with Lettuce, Tomato, and American Cheese on Wheat</i> Served with: Potato chips  <i>Dessert:</i> Mama's Cupcakes	Hearty Beef Stew <i>Tender Beef, Carrots, Potatos and Celery served in Rich and Savory Beef Broth</i>  Served with: Fresh Garlic Bread  <i>Dessert:</i> Fresh Baked Cookies	Shepherd's Pie <i>An Irish Pub Favorite! A Mix of Seasoned Ground Lamb and Beef, Peas and Carrots, and Savory Gravy Topped with Cheezy Whipped Potatoes</i> Served with: Garlic Bread  <i>Dessert:</i> Fresh Sliced Fruit
<p>WEEKLY DINNER SPECIAL: Italian Chopped Salad (Romaine Lettuce, Red Onions, Tomatoes, Green Olives, Feta Cheese, and Crutons. Served with Italian Dressing)</p>							
<p>SOUP OF THE WEEK: Broccoli Cheese Soup</p>							

GF=Gluten Free DF=Dairy Free +=Similar alternative version of concept if possible

Weekly specials will include the sides of that days meal unless otherwise stated\*

Alternative options are made available for those with special dietary requirements in regards to allergies and other dietary restrictions