

Date: October 20th-26th



Fall: Week 5

Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

	Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
Breakfast	Fresh Baked Cinnamon Rolls Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	*EGGS TO ORDER!* <i>Scrambled, Poached Over Easy, Medium, or Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Breakfast Quesadillas <i>Loaded with Egg, Cheese and Sausage</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Country Biscuits and Gravy <i>Captain Ron's Specialty</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Strawberry Pancakes with Maple Syrup Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Mushroom and Swiss Omelette Bake Scrambled Eggs Crispy Bacon OR Cheesy Hash Browns OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Yogurt/Applesauce Cottage Cheese	Cinnamon Pear French Toast Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
Lunch	Cabbage Rolls <i>Seasoned Ground Beef Wrapped in Tender Cabbage Leaves. Topped with Homemade Tomato Sauce</i> Served with: Roasted Red Potatoes California Vegetables <i>Dessert:</i> Cherry Cobbler	Chicken Marsala <i>An Italian Classic! Flour Dusted Chicken Breast topped with a Creamy Marsala wine sauce with Mushrooms</i> Served with: Mac and Cheese and Green Beans <i>Dessert:</i> Jello Salad	Homestyle Meatloaf <i>Just like Grandma Used to Make!</i> Served with Creamy Mashed Potatoes with Gravy and Capri Vegetables <i>Dessert:</i> Scooped Ice Cream	Sausage and Broccoli Mac <i>Cavatapi Pasta, Sausage, Broccoli, and a Creamy Three-Cheese Sauce</i> Served with: Corn Nibbles & Dinner Rolls <i>Recipe Submitted by Isabella!</i> <i>Dessert:</i> Chef's Choice	Ruben Sandwich <i>Corned Beef, Sauerkraut, Swiss Cheese, and 1000 Island</i> Served Hot on Rye Bread Served with: Potato Salad and Pickle <i>Dessert:</i> Strawberry Rhubarb Pie	ALL AMERICAN HAMBURGER <i>Juicy All Beef Patty Served on a Warm Bun with American Cheese, Lettuce, and Tomato</i> Served With: French Fries <i>Dessert:</i> Red Velvet Cake	Baked Pork Parmesan <i>Breaded Pork Cutlet Topped with Zesty Marinara and Baked with Mozzarella and Parmesan Cheese</i> Served with: Potatoes au Gratin and Chef's Veggie Blend <i>Dessert:</i> Ice Cream Treat
WEEKLY LUNCH SPECIAL #2: BLT Salad- Chopped Romaine, Bacon, Cherry Tomatoes, and Hard Boiled Eggs served with Bleu Cheese Dressing and Croutons WEEKLY LUNCH SPECIAL #3: Chicken and a Biscuit- Thick and Hearty Chicken Stew with Peas, Carrots, and Potatoes Served with a Buttery, Fresh baked Biscuit							
Dinner	Open Faced Tuna Melt <i>Skipjack Tuna Salad with Chopped Onions and Celery Served Open Faced with American Cheese</i> Served with: Chips <i>Dessert:</i> Assorted Desserts	Sausage and Chicken Gumbo <i>A Southern Favorite! Sausage and Chicken in a Savory Stew with Celery, Onions, and Bell Peppers</i> Served with: Dinner Rolls and Rice <i>Dessert:</i> Fresh Baked Cookies	1/2 Chicken Salad on Croissant <i>Chicken Salad with Celery Onions, and Creamy Mayo on half a Croissant</i> Served with: Garden Salad <i>Dessert:</i> Mama's Fresh Baked Cupcakes	Vineyard Melt <i>Sliced Ham, Turkey, and Bacon with Melted American Cheese and Dijonnaise on Grilled Wheat Bread</i> Served with: Pasta Salad <i>Dessert:</i> Fresh Baked Cookies	Breakfast for Dinner! <i>Classic American Breakfast</i> Served with: Scrambled Eggs, Bacon, and Wheat Toast <i>Dessert:</i> Fresh Fruit	Shrimp Alfredo <i>Gulf Shrimp served with Fettuccine & a Creamy Parmesan Cheese Sauce</i> Served With: Three Bean Salad & Garlic Bread <i>Dessert:</i> Blondie Bars	Creamy Beef and Noodles <i>Seasoned Ground Beef and Rotini Pasta served in a Savory Cream Sauce</i> Served with: Dinner Roll & Green Pea Salad <i>Dessert:</i> Fresh Baked Cookies
WEEKLY DINNER SPECIAL: Chicken and a Biscuit- Thick and Hearty Chicken Stew with Peas, Carrots, and Potatoes Served with a Buttery, Fresh baked Biscuit							
SOUP OF THE WEEK: Beef and Vegetable Soup							

Alternative options are made available for those with special dietary requirements in regards to allergies and other dietary restrictions