

Date: March 9th-15th



Winter: Week 5

Drink options: Milk, Coffee (Decaf & Reg.), Cappuccino, Hot Chocolate, V8, Lemonade, Cranberry, Orange Juice, Iced Tea, Prune Juice, Apple Juice, Water

	Sunday 9	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14	Saturday 15
Breakfast	Fresh Baked Banana Bread Scrambled Eggs Sausage Links OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	*EGGS TO ORDER!* <i>Scrambled, Poached Over Easy, Medium, or Hard</i> Crispy Hash Browns Crispy Bacon OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Breakfast Quesadillas <i>Loaded with Egg, Cheese and Sausage</i> Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Buttered Toast Yogurt/Applesauce Cottage Cheese	Country Biscuits and Gravy <i>Captain Ron's Specialty</i> Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Strawberry Pancakes with Maple Syrup Scrambled Eggs Sausage Patties OR Oatmeal/Cereal Fresh Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese	Mushroom and Swiss Omelette Bake Scrambled Eggs Crispy Bacon OR Cheesy Hash Browns OR Oatmeal/Cereal Fresh Fruit Buttered Toast & Raisin Toast Yogurt/Applesauce Cottage Cheese	Cinnamon Pear French Toast Scrambled Eggs Sausage Links OR Oatmeal/Cereal Soft Fruit Cup Buttered Toast Yogurt/Applesauce Cottage Cheese
Lunch	Stuffed Peppers <i>Plump Green Peppers Stuffed with Seasoned Beef and Rice. Simmered in a Rich Tomato Sauce</i> Served with: Mac and Cheese <i>Dessert:</i> Pudding Parfaits	Chicken Dijon <i>A Vineyard Favorite! Breaded Chicken Breast topped with a Creamy Dijon White Wine sauce</i> Served with: Mashed Potatoes with Gravy and Crinkle Carrots <i>Dessert:</i> Dished Ice Cream	Marinara Meatballs <i>Hand Rolled, Seasoned Meatballs Braised in a Zesty Marinara Sauce</i> Served with: Baked Sweet Potatoes and Chef's Vegetable Blend <i>Dessert:</i> Blueberry Crisp with Whipped Cream	Old Fashioned Chicken Pot Pie <i>Tender Chunks of Chicken, Peas, Carrots, and Potatoes Baked in a Flakey Crust</i> Served With: Three Bean Salad <i>Dessert:</i> Chef's Choice	Cap'n Ron's BBQ Pork Ribs <i>Slow Roasted Baby Back Pork Ribs Slathered in Vineyard's Signature Smoky Sweet BBQ Sauce</i> Served with: Roasted Red Potatoes and Braised Cabbage <i>Dessert:</i> Dished Ice Cream	Baked Cod <i>Flakey, Wild Caught Cod Baked to Perfection</i> Served with: Rice Pilaf, Harvard Beets, Tartar Sauce and Lemon Wedge <i>Dessert:</i> Apple Pie and Whipped Cream	ALL AMERICAN HAMBURGER! <i>All Beef Patty with American Cheese, Lettuce, and Tomato</i> Served on a Warm Bun Served with: French Fries <i>Dessert:</i> Red Velvet Cake
WEEKLY LUNCH SPECIAL #2: Filet 'O' Fish Sandwich- Breaded Cod Filet Topped with Lettuce, Tomato, and American Cheese. Topped with Tartar Sauce and Served on a Warm Bun with Potato Chips WEEKLY LUNCH SPECIAL #3: Chopped Wedge Salad- Chopped Romaine, Bacon, Cherry Tomatoes, and Hard Boiled Eggs served with Bleu Cheese Dressing and Croutons							
Dinner	Shrimp Salad served on Bed of Lettuce <i>Creamy Shrimp Salad with Sliced Hard Boiled Eggs, Grapes and Sliced Tomato</i> Served with: Crackers <i>Dessert:</i> Jello Salad	Sausage and Chicken Gumbo <i>A Southern Favorite! Sausage and Chicken in a Savory Stew with Celery, Onions, and Bell Peppers</i> Served with: Garlic Bread and Rice <i>Dessert:</i> Fresh Baked Cookies	Vineyard Turkey Melt <i>Deli Sliced Turkey and Bacon Piled High and topped with Swiss Cheese on Wheat</i> Served with: Tater Tots and Diced Pears <i>Dessert:</i> Mama's Fresh Baked Cupcakes	Texas Style Chopped Steak <i>Seasoned Ground Beef Patties Topped with Beef Gravy</i> Served with: Red Beans and Cornbread <i>Dessert:</i> Fresh Baked Cookies	Breakfast for Dinner! <i>Traditional American Breakfast Featuring Scrambled Eggs, Bacon, and Toast</i> Served with: Fresh Baked Cinnamon Rolls <i>Dessert:</i> Fresh Fruit	South Western Chicken Wrap <i>Tender Chicken, Romaine Lettuce, Parmesan Cheese, and Creamy Caesar Dressing Rolled in a Tortilla Wrap</i> Served with: Pasta Salad <i>Dessert:</i> Blondie Bars	Tuna Casserole <i>Skipjack Tuna, Cheese, Green Peas, and Egg Noodles Baked in a Savory Sauce. Topped with Crispy Onions.</i> Served with: Garlic Bread <i>Dessert:</i> Fresh Baked Cookies
WEEKLY DINNER SPECIAL: Filet 'O' Fish Sandwich- Breaded Cod Filet Topped with Lettuce, Tomato, and American Cheese. Topped with Tartar Sauce and Served on a Warm Bun with Potato Chips							
SOUP OF THE WEEK: Split Pea with Ham							

Alternative options are made available for those with special dietary requirements in regards to allergies and other dietary restrictions

